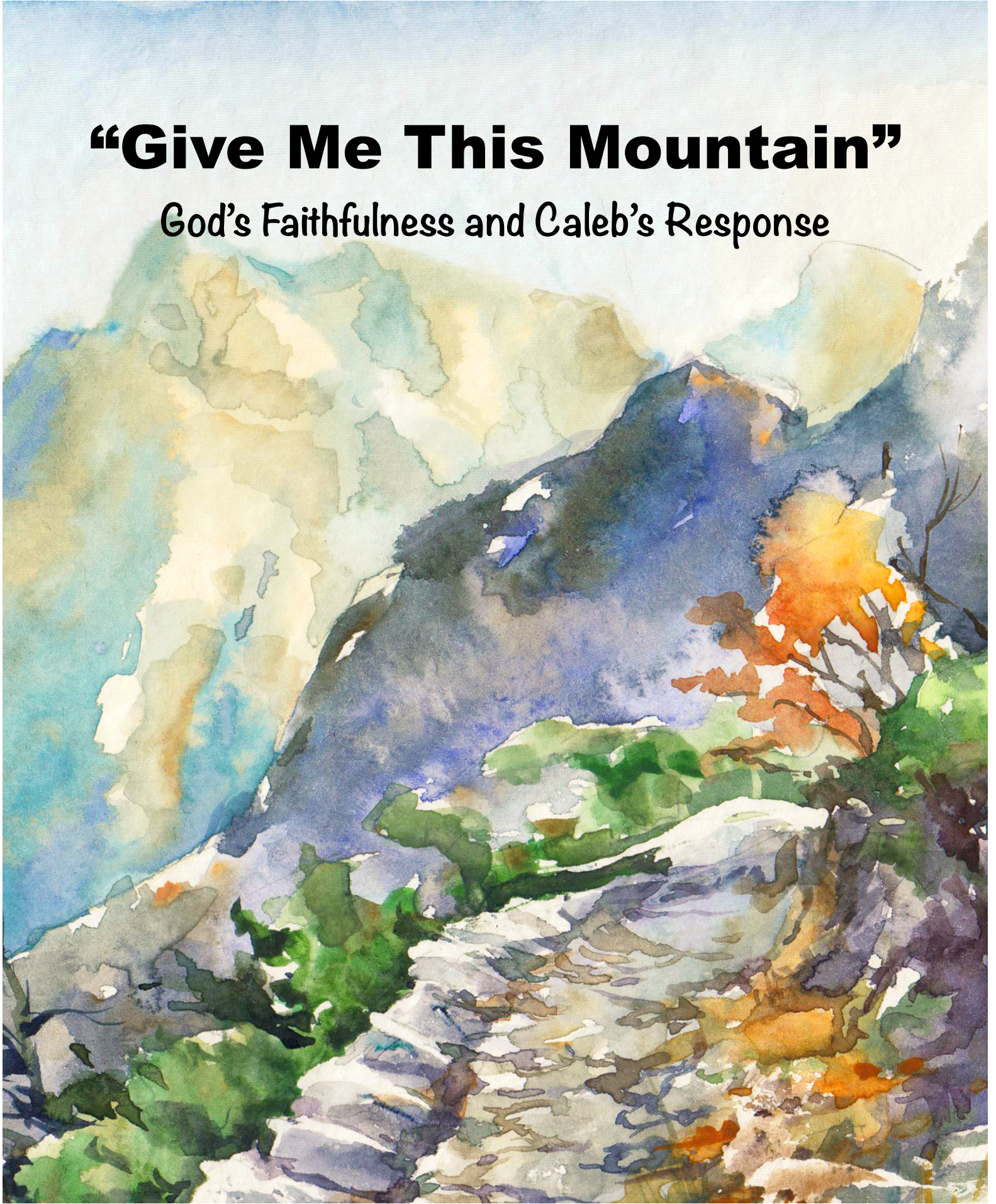


“Give Me This Mountain”

God’s Faithfulness and Caleb’s Response



Virtual H.I.M. Family Camp 2020



[Welcome to Virtual H.I.M. Family Camp!](#)

We are so glad that you and your family have chosen to join us on a virtual journey together! Using this written guide and a series of videos we've prepared for you, set aside a time each day for the next six days to celebrate the gift of family and the hope we have in God and His promises.

“Give Me This Mountain” is our theme for virtual family camp. We will look at Caleb and the lessons we can learn from his life that will help us to be faithful followers of the Lord. We will explore God’s promises to His people, how He demonstrates His power, fighting the giants in our lives, and why it’s always best to listen, trust, and obey our Father in heaven.

Blessings,

Paul Virginia

[Memory Verse](#)

I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. I can do all things through him [Christ] who strengthens me.
—Philippians 4:12–13

*Download a large verse card [here](#).
Download a set of individual verse cards [here](#).*

GIVE ME THIS MOUNTAIN: VIRTUAL H.I.M. FAMILY CAMP 2020
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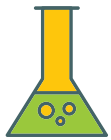
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What are God's promises for His people?

Whether we are the children of Israel or the family dealing with coronavirus, the truth remains that we have a good Father who wants us to experience the good promised land He has for us.



Object Lesson

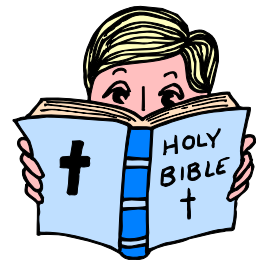
Imagine that you are in the desert. Two people come up to you and each offers you a water bottle. One of the bottles contains just an inch of water but the other bottle is full. Which water bottle would you choose, and why?

The Israelites had been slaves for 400 years. They were hungry, tired, and thirsty. Through Moses, God told them He wanted to lead them to a land of their own—a land that was beautiful and had all the food they would need or want—a land “flowing with milk and honey.”

Scripture

“... and I have come down to deliver them out of the hand of the Egyptians and to bring them up out of that land to a good and broad land, a land flowing with milk and honey ...”
—Exodus 3:8

“The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly.”
—John 10:10



Team Work

Match each item on the left with what God provides for His creation on the right.



Birds

Squirrel

Baby

Crops

Whale

Children

Giraffe

Cows



Rain

Tree

Mother

Acorns

Family

Grass

Worms

Ocean



Sharing

How do you know your parents love you and want what is best for you?
What do you think God wants for you to have or experience?



Encouragement

“... your Father knows what you need before you ask him.”

—Matthew 6:8

“Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?”

—Matthew 6:26

“If you then, who are evil, know how to give good gifts to your children, how much more will your Father who is in heaven give good things to those who ask him!”

—Matthew 7:11

Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, to him be glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen.

—Ephesians 3:20–21

See what kind of love the Father has given to us, that we should be called children of God; and so we are. . . .

—1 John 3:1

Final Thought

Whatever you are facing today, remember that your Heavenly Father loves you and wants only the best for you. Let Him satisfy your thirsty soul.



Thank God that He is a good father and wants His children to be secure in His love and care for them.

Pray



What had God already done to show His power?

We have not only a Father who wants good for us, but also a Father who is powerful enough to deliver. He did it for the children of Israel as He led them out of slavery, and He can do it for you.



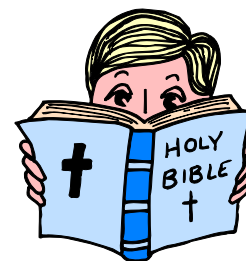
Object Lesson

If a wolf were chasing you and trying to bite you, would you prefer your parent to protect you or would you rather be protected by a 2-year-old child? Why?

Whom would you like protecting you: God, or a man? Who is more powerful? Listen to these stories about God's power.

Scripture

⁴“Pharaoh will not listen to you. Then I will lay my hand on Egypt and bring my hosts, my people the children of Israel, out of the land of Egypt by great acts of judgment. ⁵The Egyptians shall know that I am the LORD, when I stretch out my hand against Egypt and bring out the people of Israel from among them.” ⁶Moses and Aaron did so; they did just as the Lord commanded them. —Exodus 7:4–6



Sharing

On a piece of paper, each person draw something that God did to show His power. When you've finished, tell your family what you drew and why you chose it.

How does God show his power today?

Can you name the [plagues](#) God brought on Egypt to demonstrate His power?

The description of the plagues is found in [Exodus 7:14–12:32](#).



Team Work

Find and circle the names of the ten plagues in the box to the right. Words may run horizontally, vertically, or diagonally (but never right-to-left or straight up).

D	B	L	F	L	H	L	I	V	E	S	T	O	C	K
X	N	Z	R	H	S	S	M	Z	Y	R	J	P	I	K
H	C	P	O	A	Q	G	G	D	I	X	K	X	T	M
G	T	K	G	I	K	L	R	D	K	P	N	T	M	Y
E	B	E	S	L	B	S	O	O	O	L	F	Q	I	J
N	H	Q	W	F	L	A	F	C	Q	L	I	V	V	Q
J	G	R	X	L	O	X	A	E	U	K	R	Q	B	P
O	L	L	Y	I	O	D	Q	C	B	S	S	L	V	S
S	F	M	O	E	D	A	N	P	R	T	T	O	R	R
M	C	I	T	S	B	R	X	N	A	J	B	S	N	X
N	S	E	U	I	V	K	F	N	N	F	O	B	G	J
O	L	C	W	A	S	N	G	X	V	C	R	T	D	E
U	E	C	D	R	V	E	H	Q	C	F	N	L	B	Y
B	O	I	L	S	Z	S	L	J	E	H	Z	H	X	S
B	Q	C	H	N	O	S	D	D	I	G	J	D	S	O



Encouragement

Suppose there were two baseball teams: one that was sometimes ahead early in the game and a second that always won. Which team would you rather be on? I bet you would pick the team that always won in the end. Even though God, our Heavenly Father, may sometimes appear to not be “winning” in this world, He has always won in the end—and He always will. His sounds like a good team to join.

“Who is like you, O LORD, among the gods? Who is like you, majestic in holiness, awesome in glorious deeds, doing wonders?”
—Exodus 15:11

¹²Who has measured the waters in the hollow of his hand and marked off the heavens with a span, enclosed the dust of the earth in a measure and weighed the mountains in scales and the hills in a balance? . . .

¹⁸To whom then will you liken God, or what likeness compare with him? ¹⁹An idol! A craftsman casts it, and a goldsmith overlays it with gold and casts for it silver chains. . . .

²⁸Have you not known? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. ²⁹He gives power to the faint, and to him who has no might he increases strength. ³⁰Even youths shall faint and be weary, and young men shall fall exhausted; ³¹but they who wait for the LORD shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.

—Isaiah 40:12, 18–19, 28–31

Final Thought

It is interesting that Pharaoh’s magicians could duplicate what God did “for a while.” The world is able to “duplicate” God’s power and goodness . . . for a while. But, just as in the story of the plagues, at some point the world does not have the ultimate power that God has: power to provide, protect, deliver, and satisfy.



Thank God that He is a good Father who is powerful and mighty!



What “giants” are keeping you from what God has for you?

Even though God wants good for us and is powerful enough to deliver, we often focus on the obstacles or “giants” in our lives instead of on God’s goodness and power.



Object Lesson

Mark a line on the floor or on a table and place a cup about 4 feet away. Put Legos, Jenga blocks, silverware, etc., in between the line and the cup. Give your child a small ball (about the size of a ping pong ball). Starting from behind the line, if the child can **roll** the ball and hit the cup, tell them they may have a treat (such as jelly beans or M&M’s). Of course, the cup cannot be hit because of the “giants” between the line and the cup.

Scripture

17Moses sent them to spy out the land of Canaan and said to them, “Go up into the Negeb and go up into the hill country, ¹⁸and see what the land is, and whether the people who dwell in it are strong or weak, whether they are few or many, ¹⁹and whether the land that they dwell in is good or bad, and whether the cities that they dwell in are camps or strongholds . . .”



27And they told him, “We came to the land to which you sent us. It flows with milk and honey, and this is its fruit. ²⁸However, the people who dwell in the land are strong, and the cities are fortified and very large. And besides, we saw the descendants of Anak there. . . .”

31Then the men who had gone up with him said, “We are not able to go up against the people, for they are stronger than we are.” ³²So they brought to the people of Israel a bad report of the land that they had spied out, saying, “The land, through which we have gone to spy it out, is a land that devours its inhabitants, and all the people that we saw in it are of great height. ³³And there we saw the Nephilim (the sons of Anak, who come from the Nephilim), and we seemed to ourselves like grasshoppers, and so we seemed to them.”
—Numbers 13:17–19, 27–28, 31–33



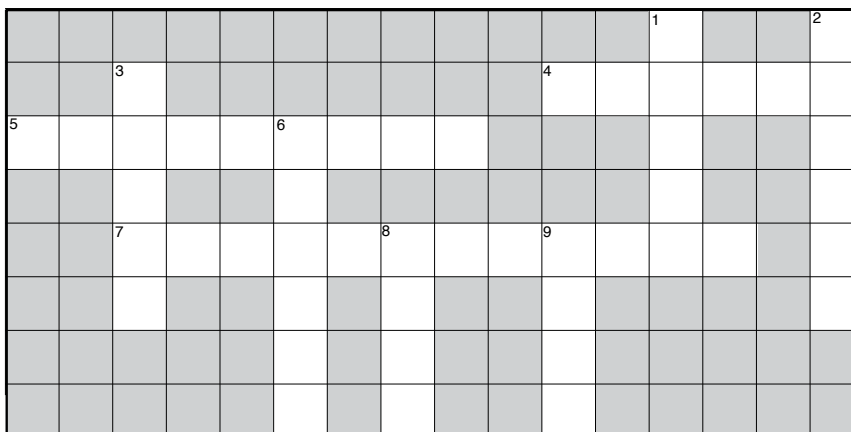
Team Work

Across:

4. Tries to stop a soccer player from scoring
5. Stops someone from being able to see
7. Stops someone from earning a living

Down:

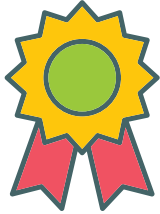
1. Tries to stop us from loving God
2. A roundabout route you take if something stops you from using your regular route
3. Stops someone from going to school
6. Stops individuals from being alone
8. Stops someone from opening the door
9. Stops an an advance against a castle



Sharing

What are some of the “giants” in your life or your home that seem to keep you from having the life or family you wish?

Write down on a piece of paper a “giant” you are facing as a family.



Encouragement

Sometimes it may seem like the giants are too big, or we are actually cooperating with the giants and fighting against God. But, God loves us so much that He showers us with mercy and grace. The giants are indeed “giants”—but we have the “BUT GOD” factor on our side. God is able, if we trust in Him, to defeat the giants in our lives that keep us from Him.

¹And you were dead in the trespasses and sins ²in which you once walked, following the course of this world, following the prince of the power of the air, the spirit that is now at work in the sons of disobedience—³among whom we all once lived in the passions of our flesh, carrying out the desires of the body and the mind, and were by nature children of wrath, like the rest of mankind. ⁴But God, being rich in mercy, because of the great love with which he loved us, ⁵even when we were dead in our trespasses, made us alive together with Christ—by grace you have been saved . . . —Ephesians 2:1–5

Little children, you are from God and have overcome them, for he who is in you is greater than he who is in the world.
—1 John 4:4

Final Thought

Are there any “giants” in your list that are keeping you from what God desires for you? Sometimes we give up, believing that we will never be able to overcome the “giants” in our lives, but God is able to overcome! And He desires to deliver us and lead us into His “promised land” for us, if we will trust Him.



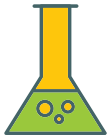
Thank God that He is bigger than any giant that may come into our life.

Pray



Whose voice are you listening to?

Twelve spies were sent into the Promised Land. All agreed the land was wonderful, but ten of the spies gave a “bad report” and said the giants in the land were too powerful, claiming that the children of Israel would be defeated. Caleb and Joshua said God was able to win the victory. Unfortunately, the people listened to the ten spies who doubted God rather than to the two who trusted God. What sort of people are you listening to?



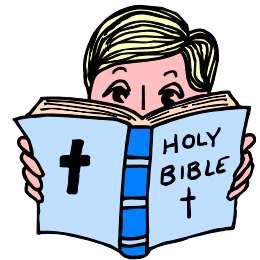
Object Lesson

Hide a treat somewhere in your house. Enlist two children to try and find the treat after each one first listens to a set of secretly whispered instructions. One child should have multiple people simultaneously speak “gibberish” into their ear, while the other child is given clear instructions by just one parent. If there is only one child available, use a timer to see how fast he or she can find the treat, first by giving gibberish instructions and then a second timing when given clear instructions.

Scripture

³¹Then the men who had gone up with him said, “We are not able to go up against the people, for they are stronger than we are.” ³²So they brought to the people of Israel a bad report of the land that they had spied out, saying, “The land, through which we have gone to spy it out, is a land that devours its inhabitants, and all the people that we saw in it are of great height. ³³And there we saw the Nephilim (the sons of Anak, who come from the Nephilim), and we seemed to ourselves like grasshoppers, and so we seemed to them.”

—Numbers 13:31–33

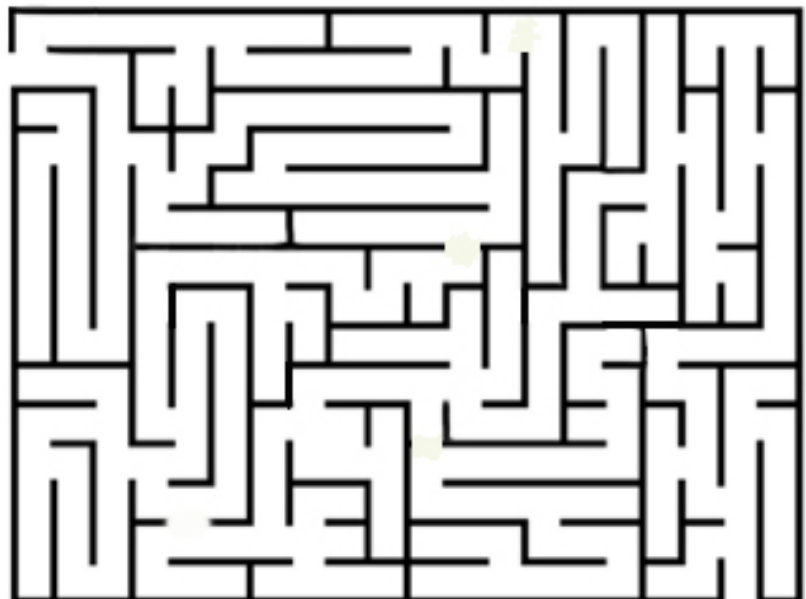


⁶And Joshua the son of Nun and Caleb the son of Jephunneh, who were among those who had spied out the land, tore their clothes ⁷and said to all the congregation of the people of Israel, “The land, which we passed through to spy it out, is an exceedingly good land. ⁸If the LORD delights in us, he will bring us into this land and give it to us, a land that flows with milk and honey. ⁹Only do not rebel against the LORD. And do not fear the people of the land, for they are bread for us. Their protection is removed from them, and the LORD is with us; do not fear them.”

—Numbers 14:6–9



Team Work



See how fast you can get through the maze.

The children of Israel wandered for 40 years because they didn’t believe God’s promise for them.

Sharing

What was different about the report of the 10 spies and the report of Caleb and Joshua?



Are there ever people who tell you to do something or try to have you do something that you know is wrong? How do you respond to them?



Encouragement

We have lots of voices telling us what to do, how to live, and what to believe. It is very important that the voices we listen to are those of people who listen to, trust, and obey the Lord. God had told Joshua and Caleb the land was theirs. The people of Israel should have listened to them, just as we should listen to the people who follow the Lord.

A wise son hears his father's instruction, but a scoffer does not listen to rebuke. —Proverbs 13:1

³¹What then shall we say to these things? If God is for us, who can be against us? ³²He who did not spare his own Son but gave him up for us all, how will he not also with him graciously give us all things? ³³Who shall bring any charge against God's elect? It is God who justifies. ³⁴Who is to condemn? Christ Jesus is the one who died—more than that, who was raised—who is at the right hand of God, who indeed is interceding for us. ³⁵Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or danger, or sword?

³⁸For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, ³⁹nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord. —Romans 8:31–35, 38–39

Final Thought

The ten spies did not give a good report and people made a bad decision by listening to them instead of to Caleb and Joshua. This resulted in the people of Israel, except for Caleb and Joshua, never experiencing the promised land.

Sometimes, in order to be accepted, popular, or go along with the crowd, we forget what God has promised for us and we miss out on His blessings for our lives.

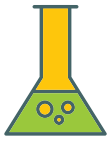


Father, thank you for putting people in my life who know you and love you and want to instruct me in your ways. Please help me to listen to wise counsel and ignore the voices that are not leading me in your ways.



Missing out on “what could have been”

Because of the lack of trust in God’s power and promises, the children of Israel wandered in the wilderness for the next forty years and never experienced the Promised Land. How easy it is for us also to miss out on what God has for us, because we don’t trust God’s plan.



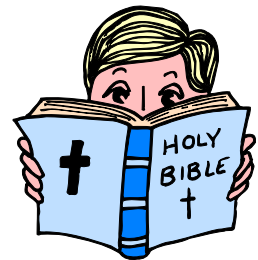
Object Lesson

Put 4 Skittles in front of each of your children. Tell them they can eat them right now, or they can wait and not eat any for two minutes. If they don’t eat any Skittles for two minutes they will get an entire bag of Skittles and may eat them after your next meal.

Read the passage about Israelites wanting to return to slavery instead of experiencing what God promised them. Sometimes doing the right thing is hard and takes time, and it is hard to wait.

Scripture

¹Then all the congregation raised a loud cry, and the people wept that night. ²And all the people of Israel grumbled against Moses and Aaron. The whole congregation said to them, “Would that we had died in the land of Egypt! Or would that we had died in this wilderness! ³Why is the LORD bringing us into this land, to fall by the sword? Our wives and our little ones will become a prey. Would it not be better for us to go back to Egypt?” ⁴And they said to one another, “Let us choose a leader and go back to Egypt.”



[Then the LORD said,] ²¹“But truly, as I live, and as all the earth shall be filled with the glory of the LORD, ²²none of the men who have seen my glory and my signs that I did in Egypt and in the wilderness, and yet have put me to the test these ten times and have not obeyed my voice, ²³shall see the land that I swore to give to their fathers. And none of those who despised me shall see it.” —Numbers 14:1–4, 21–23



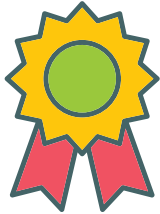
Team Work

Unscramble these words to discover things that need time to be useful or best.

1. ANABAN
2. DAHR DILOBE GEG
3. GOBILIN ETWAR
4. SARGS SESED
5. ITURF STEER
6. ITMAYRUT
7. GONL IRAH
8. INSLOG GEWITH
9. LIPYANG SECSH
10. AHMATRON

Sharing

Share about a time when you missed out on something you wanted to do, or something was taken from you, or you didn't receive something your parents wanted for you because you did not obey them.



Encouragement

Our daughter Lisa was the head athletic trainer for the UCLA women's basketball team. One day the coach came and asked her to clear a team member to play in the next game. Lisa said, "Coach, she can play now, but likely she will re-injure herself and not be able to play the championship games."

Healing takes time. When we trust God and wait on His timing, it is always best.

... but they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.
—Isaiah 40:31

Final Thought

Waiting is hard. It is hard to really trust those in authority over us and listen to their instructions. We suffer from "immediate gratification syndrome." If we want something, we want it *now*. But most often, receiving the best takes time, discipline, and trust in the One who is leading us.



Thank God that He does not want you to miss out on what He has for you and that He will give you the strength to trust Him and follow Him to the "Promised Land."



The giants are still there, but the mountain is yours!

When Caleb was 80 years old, he returned to the mountain and said to God, “Give me this mountain.” The giants hadn’t changed, nor had God changed. Because of Caleb’s faithfulness and belief in God’s goodness and power, he conquered the mountain and experienced the promised land God had for him. No matter what our background or age, God wants His best for us as well, if we will trust Him.



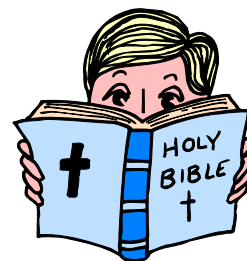
Object Lesson

Repeat the same object lesson from day 3, but this time have your child use his or her hand to move the ball through the “giants.” Same giants, but God’s power can overcome any giants in front of us.

Scripture

6Then the children of Judah came to Joshua in Gilgal. And Caleb the son of Jephunneh the Kenizzite said to him: “You know the word which the Lord said to Moses the man of God concerning you and me in Kadesh Barnea. ⁷I was forty years old when Moses the servant of the Lord sent me from Kadesh Barnea to spy out the land, and I brought back word to him as it was in my heart. ⁸Nevertheless my brethren who went up with me made the heart of the people melt, but I wholly followed the Lord my God. . . . ¹¹As yet I am as strong this day as on the day that Moses sent me; just as my strength was then, so now is my strength for war, both for going out and for coming in. ¹²Now therefore, give me this mountain of which the Lord spoke in that day; for you heard in that day how the Anakim were there, and that the cities were great and fortified. It may be that the Lord will be with me, and I shall be able to drive them out as the Lord said.” ¹³And Joshua blessed him, and gave Hebron to Caleb the son of Jephunneh as an inheritance. ¹⁴Hebron therefore became the inheritance of Caleb the son of Jephunneh the Kenizzite to this day, because he wholly followed the Lord God of Israel.

—Joshua 14:6–8, 11–14 (NKJV)



Team Work

Ephesians 6:10–18 describes the equipment we need to fight our biggest giant: Satan. Before reading the passage, see how many pieces of the armor you can identify. After reading the passage, see how you did. Which equipment do you need to work on most in this spiritual battle we are in?

B ____ of T ____

B _____ of R _____

G _____ of P _____

S _____ of F _____

H _____ of S _____

S _____ of the S _____, which is the W _____ of G ____

Sharing

Think of areas you have perhaps doubted God's goodness or power and have "given up" believing what He has for you.



Encouragement

God was stronger than the giants 40 years earlier, but the spies and the children of Israel did not believe He was, even though they had seen His miraculous power many times. God is always bigger than our giants. He wants us to trust Him and let Him help us defeat the things keeping us from experiencing what He has for us.

⁶And Joshua the son of Nun and Caleb the son of Jephunneh, who were among those who had spied out the land, tore their clothes ⁷and said to all the congregation of the people of Israel, "The land, which we passed through to spy it out, is an exceedingly good land. ⁸If the Lord delights in us, he will bring us into this land and give it to us, a land that flows with milk and honey. ⁹Only do not rebel against the Lord. And do not fear the people of the land, for they are bread for us. Their protection is removed from them, and the Lord is with us; do not fear them."

—Numbers 14:6–9

And let us not grow weary of doing good, for in due season we will reap, if we do not give up.

—Galatians 6:9

Final Thought

The giants were still there in the Promised Land! But Caleb did not forget God's promises. He had remained faithful for all the years they wandered in the wilderness.

Sometimes we get tired of doing the right thing and give up, and miss out on what God has for us.

Turning away and not dealing with the giants in our lives does not do away with them; we'll just have to deal with them later. Why not face them now and enjoy the blessings God desires for us?



Pray

Help us to be like Caleb and follow you fully and not get tired or impatient when things don't happen when or how we think they should. Thank you for being patient with us.